

UAE National Sailing Championships

DUBAI OFFSHORE SAILING CLUB

11th - 12th January 2019



UAE NATIONAL SAILING CHAMPIONSHIPS

Friday 11th - 12th January 2019

Organised and Hosted by the

DUBAI OFFSHORE SAILING CLUB and UAE Sailing and Rowing Federation.



Sailing Instructions (SIs)

Version 1.3: 10/01/19



DUBAI OFFSHORE
SAILING CLUB

1 RULES

- a. The Regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- b. If there is a conflict between languages the English text will take precedence.

2. NOTICE TO COMPETITORS

Notices to competitors shall be posted on the official notice board outside the sailing office at Dubai Offshore Sailing Club.

3. CHANGES TO SAILING INSTRUCTIONS

Any changes to the Sailing Instructions will be posted before 0900hrs on the day it will take effect, except that any changes to the schedule of races will be posted by 2000hrs on the day before it will take effect.

4. SIGNALS MADE ASHORE

- a. Signals made ashore will be displayed from a flag pole in front of the Dubai Offshore Sailing Club.
- b. When AP flag is displayed ashore, '1' minute is replaced with 'not less than '30' minutes in the race signal AP.

5. SCHEDULE OF RACES

a. The schedule is as follows:

Friday 11th Jan	Sign On	0900 - 1000
	Coaches Briefing	0915
	Competitor & Safety Briefing	0930
	Scheduled 1st Warning Signal	1100
Saturday 12th Jan	Sign On	0900 - 1000
	Scheduled 1st Warning Signal	1100
	No Warning Signal shall be made after	1530
	Prize Giving	As soon as possible after racing

- b. There will be a maximum of 4 races each day, and a maximum of eight races for the event.
- c. To alert boats that a race or sequence of races will be soon, the orange starting line flag will be displayed with multiple sounds at least five minutes before a warning signal is made.

6. CLASSES AND CLASS FLAGS

a. Class Flags will be:

Optimist	“Optimist Class Flag”
Optimist Junior	“Optimist Class Flag”
Laser 4.7	“Laser 4.7 Class Flag”
Laser Radial	“Green Laser Class Flag”
Laser Standard	“White Laser Class Flag”

- b. Optimist Junior and Optimist will start at the same time.
- c. Optimist Junior sailors shall be scored in both Optimist Junior and Optimist Overall results.

7. RACING AREAS

The racing area will be to the north of the Dubai Offshore Sailing Club, as shown in Appendix B.

8. THE COURSES

The diagrams in Appendix A show the courses, the order in which marks are to be passed, and the side on which each mark is to be left.

9. MARKS

- a. Marks 1, 2, 3, 4 will be Orange Tetrahedral racing marks. Marks 5 and 6 will be Yellow Tetrahedral racing marks.
- b. The port end starting mark shall be an orange cylindrical mark. The finish line ODM shall be an orange cylindrical mark with a blue flag.

10. AREAS THAT ARE OBSTRUCTIONS

NOT USED

11. THE START

- a. Races will be started using a three minute start sequence. This changes RRS 26.

Minutes before start signal	Visual signal	Sound	Means
3	Class Flag	One	Warning Signal
2	U or Black flag	One	Preparatory signal
1	Preparatory flag removed	One Long	One minute
Go	Class flag removed	One	Starting Signal

The warning signal for each succeeding fleet shall be made no less than one minute after the previous fleet start.

A boat that does not start within 3 minutes of her starting signal shall be scored DNS with- out a hearing. This changes RRS A4 and A5.

- b. The starting line will be between a staff displaying an orange flag on the Signal Vessel at the starboard end and the course side of the port-end starting mark.
- c. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

12. CHANGE OF THE NEXT LEG OF THE COURSE

Legs of the course will not be changed after the preparatory signal. This changes RRS 33

13. THE FINISH

- a. The finishing line will be between a staff displaying a blue flag on a Committee Vessel and the finish line ODM.

- b. The race committee may give a finishing place to any boat as follows:
 - When a race committee boat displays flag W with two sounds, boats that have not yet finished may be given a finishing place anywhere on the race course, at a nearby mark or not.
 - When a boat finishes in accordance with this instruction, she shall be awarded a finishing place matching her race position in that race. This changes RRS A5.

14. PENALTY SYSTEM

- a. A boat that has taken a penalty under RRS 31 or 44.1 shall complete an acknowledgment form at the Race Office within the protest time.
- b. Appendix P of the Racing Rules of Sailing will apply, except that it is modified so that P2.3 will not apply and P2.2 will apply to any penalty after the first one.

15. TIME LIMITS

- a. Time limits and target times are as follows:

Race Time Limit	Mark 1 Time Limit	Target Time
1 hour (1st boat)	20 mins (1st Boat)	40 - 50 mins

If no boat has passed mark 1 within the Mark 1 time limit the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

- b. A boat failing to finish within 15 mins after the first boat, of the same class, sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

16. PROTESTS AND REQUESTS FOR REDRESS

- a. Protest forms are available from the Dubai Offshore Sailing Club Reception desk. Protests and requests for redress or reopening shall be delivered there within the time limit.
- b. For each class the protest time limit is 60 minutes after the last boat on the same course has finished the last race of the day or the Race Committee signals no more racing today, whichever is later.
- c. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses, Hearings will be held in the protest room located at the Sailing Department Office, beginning at the time posted.
- d. Notice of protests by the race committee, technical committee or protest committee will be posted to inform boats under RRS 61.1(b).
- e. A list of boats that, under SI 14b, have been penalized for breaking RRS 42 will be posted.

- f. On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2
- g. The protest committee may impose penalties other than disqualification for breaches of rules other than Part 2 rules of RRS, in accordance with RRS 64.1.

17. SCORING

One race is required to be completed to constitute a series, to count toward the overall UAE National series.

- a. Discards are as follows;
 - i. When fewer than 4 races have been completed a boat's series score will be the total of her race scores.
 - ii. When 4 or more races have been completed a boat's series score will be the total of her race scores, excluding her worst score.

18. SAFETY REGULATIONS

- a. RRS 40 applies at all times. Flag Y will not be displayed ashore. This changes RRS 40.
- b. Wet suits and dry suits and trapeze harnesses are not personal floatation devices.
- c. A boat that retires from a race shall notify a member of the race committee as soon as possible.

19. REPLACEMENT OF CREW OR EQUIPMENT

- a. Substitution of competitors will not be allowed.
- b. Substitution of damaged or lost equipment will not be allowed unless authorized by the Race Committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

20. EQUIPMENT AND MEASUREMENT CHECKS

On the water, a boat can be instructed by a member of the race committee to proceed immediately to a designated area for inspection. Ashore, equipment may be inspected or measured at any time.

21. EVENT ADVERTISING

NOT USED

22. OFFICIAL VESSELS

Each Jury vessel shall display Flag J.

23. SUPPORT VESSELS

- a. Team leaders, coaches and other support personnel shall stay 75m outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

b. Support Vessels must obey instructions from the Race Committee or Jury at all times.

24. TRASH DISPOSAL

Trash may be placed aboard support or official vessels

25. HAUL-OUT RESTRICTIONS

NOT USED

26. DIVING EQUIPMENT AND PLASTIC POOLS

NOT USED

27. RADIO COMMUNICATION

Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

28. BERTHING

a. Boats may be stored at DOSC free of charge for a maximum of 1 week prior and 1 week following the event under the following conditions;

b. All visiting boats must contact Mitch Webb on sailingmanager@doscuae.com prior to arrival.

c. Boats are stored in allocated locations as determined by Dubai Offshore Sailing Club

d. DOSC reserves the right to evict visiting boats not removed after one week after the event, to outside the club grounds, at the boat owners' risk.

29. PRIZES

a. There will be prizes for 1st, 2nd and 3rd in all eligible classes.

b. Prize giving will commence as soon as possible after racing on Saturday 12th January at DOSC.

30. DISCLAIMER OF LIABILITY

Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

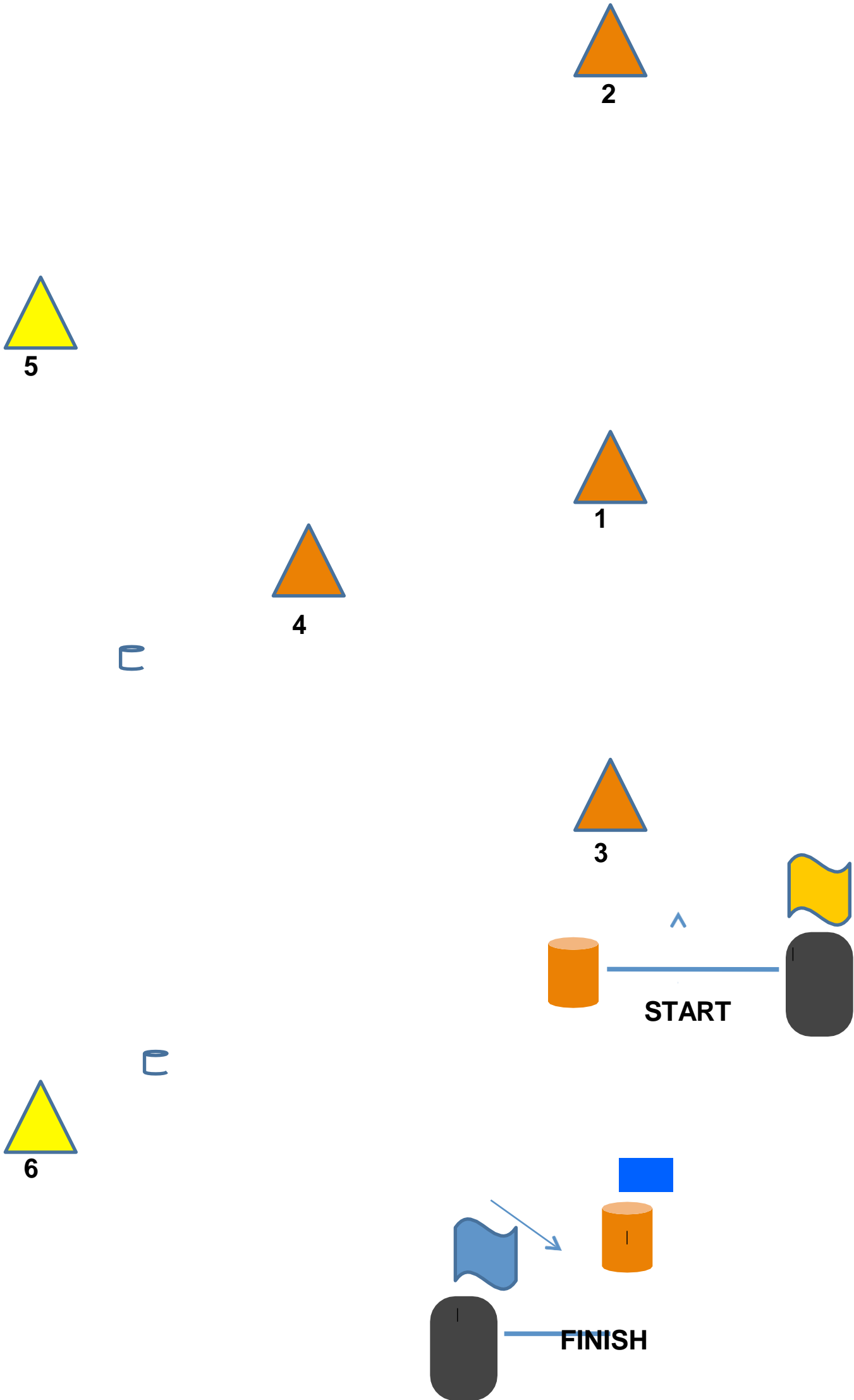
Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

(a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;

(b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;

(c) They accept responsibility for any injury, damage or loss to the extent caused by

APPENDIX A - COURSES



Optimists (Overall & Junior)

Start – 1 – 3 – 1 – 4 - Finish (all marks to port)

Laser 4.7s

Start – 1 – 3 – 1 – 3 – 1 – 4 Finish (all marks to port)

Laser Radial

Start – 2 – 3 – 2 – 3 – 1 – 4 – Finish (all marks to port)

Laser Standard

Start – 2 – 5 – 6 – 5 – 6 – Finish (all marks to port)

APPENDIX B - COURSE AREA

