



Dubai - Muscat Race
Dubai Offshore Sailing Club (DOSC), UAE - Marina Bandar Al
Rowdha (MBR), Oman
11th - 15th November 2010
(All timings given are UTC + 4)

SAILING INSTRUCTIONS

1. RULES

- 1.1. The Race will be governed by the rules as defined in the ISAF Racing Rules of Sailing 2009 - 2012 (RRS). Between the hours of Sunset and Sunrise the International Rules for Prevention of Collisions at Sea (IRPCS), replace the RRS.
- 1.2. The Race is also governed by the DOSC Offshore Notice of Series, The Dubai Muscat Notice of Race, these Sailing Instructions and amendments to any.
- 1.3. No National Authority Prescriptions will apply.
- 1.4. ISAF Special Offshore Regulations Category 3 (with life raft) will apply. Life raft with a SOLAS B pack may be accepted at the prior written discretion of the Organizing Authority.
- 1.5. Boats in the Rally fleet may use engines for propulsion but are requested to keep usage to a minimum. This changes RRS rule 42.
- 1.6. Boats in other divisions may run their engines during the race for electrical power generation only and for a maximum of 2 hours per day.
- 1.7. Any boat who uses engine power for propulsion must immediately declare this to the Race Officer via SMS to +971 50 451 3922 and re classify into the Rally Fleet
- 1.8. Obligatory logs must be kept throughout the race and must also include engine hours, miles covered under power and timings that the engine is run.
- 1.9. Navigation lights must be switched on and be visible at all times between sunset and sunrise.
- 1.10. If there is a conflict between languages, the English text will take precedence.

2. CAMERAS AND ELECTRONIC EQUIPMENT

- 2.1. It is required that all boats carry and endeavor to ensure correct functionality of positioning equipment provided by the Organizing Authority. In addition boats may be requested to carry cameras and or sound equipment by the Organizing Authority.

3. NOTICES TO COMPETITORS

- 3.1. Notices to competitors will be posted on the official notice board(s) located at the entrance to DOSC and MBR.

4. CHANGES TO THE SAILING INSTRUCTIONS

- 4.1. Any changes to the Sailing Instructions will be posted before 0900HRS on the day it will take effect, except that of any change to the schedule of races, which will be posted by 2000HRS on the day before it will take effect.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed at the flagpole at DOSC.
- 5.2. When flag AP is displayed ashore, '1' minute is replaced with not less than '90 minutes'

6. SCHEDULE OF REGATTA

- 6.1.



Dubai - Muscat Race	
Skippers Briefing	Wed 10th Nov ~ 1900hrs
Scrutineering	Tue 9th Nov ~ Thu 11th Nov
UAE Exit Visas issued by Immigration Official	Fri 12th Nov 0800 - 1000 hrs & Sat 13th Nov 0800 - 1000 hrs
Start Not Before	
Div 2, 3, Rally and Multihull.	Fri 12th Nov 1200 hrs
Div 1	Sat 13th Nov 1200 hrs
Prize giving – Marina Banadr Al Rowdr (Muscat, Oman)	Wed 17th Nov 1800hrs

7. DIVISION FLAGS

7.1. Division flags will be as follows;

Division One (TCC 1.000 & Above):	Signal Flag “Oscar”
Division Two:	Not Applicable
Division Three (TCC 0.999 & Below):	Signal Flag “ Delta”
Rally Division:	Signal Flag “Foxtrot”
Multihull Division (MOCRA):	Signal Flag “ Juliet”

8. THE COURSE

- 8.1. The courses for all classes shall be from the start, offshore of DOSC, Dubai, UAE to the finish at MBR, Muscat Oman. Approximately 350 nautical miles.
- 8.2. The course will not be shortened. This changes RRS 32.

9. MARKS

- 9.1. The start and finish Outer Distance Marker (ODM) buoys will be distinctive racing marks.
- 9.2. The race committee shall attempt to illuminate the finish mark during the hours of darkness. Failure to do so shall not be grounds for redress.

10. AREAS THAT ARE OBSTRUCTIONS

- 10.1. The following areas are designated as obstructions. Any boat found to have sailed into any of these areas may be scored DSQ.
- 10.2. Any marked national exclusion zones.
- 10.3. Restricted areas surrounding drilling platforms
- 10.4. A 15nm radial zone from an Iranian or contested territories and waters.

11. THE START

- 11.1. To alert boats that the first warning signal shall be made soon, the orange start line flag will be displayed from the committee boat with one sound signal, at least 4 minutes before the first warning signal is made.
- 11.2. The race will be started using RRS 26 with the warning signal made 5 minutes before the start.



- 11.3. The start line will be between a staff displaying an orange flag on the committee boat and an ODM pin mark.
- 11.4. Boats whose warning signal has not been made shall keep clear of the starting area for starting sequences of other divisions.
- 11.5. A boat starting later than 4 minutes after her starting signal shall be re designated into the Rally Division. This changes RRS A4 and A5.
- 11.6. The Race Committee will attempt to broadcast individual and general recalls over VHF Channel 8. Failure to do so shall not be grounds for redress.
- 11.7. A boat, who after being recalled for being on course side at the starting signal, that then fails to exonerate herself and start, shall be reclassified into the Rally Fleet. This changes RRS A4 and A5.

12. THE FINISH

- 12.1. The finish shall be between the Control Tower Signal Mast and an ODM (approximate position is 25° 35. 01' N , 058° 26. 21' E).
- 12.2. Boats are required to inform the Race Committee by SMS to +971 50 451 3922, when they are approximately 10 nautical miles from the finish.
- 12.3. Boats finishing at night shall attempt to illuminate their sail number on the Starboard side, whilst finishing.

13. PENALTY SYSTEM

- 13.1. For the Multihull Division, the RRS rule 44.1 is changed so that the Two - Turns Penalty is replaced by the One-Turn Penalty.

14. TIME LIMIT

- 14.1. There shall be no time limit for the race although if the 1st, 2nd and 3rd positions of the IRC fleet are confirmed prior to 1700Hrs on Wednesday 17th November 2010, the finish line may not be manned. A boat finishing after this time should log their finish time from a GPS for submission at sign off in order to receive a result.

15. PROTESTS AND REQUESTS FOR REDRESS

- 15.1. Protest forms shall be available at the race office in MBR. Protests and requests for redress should be declared there within the appropriate time limit.
- 15.2. If the last boat of a division finishes before 1800hrs, the protest time limit for that division is 90 minutes after the last boat finished.
- 15.3. If the last boat of a division finished after 1800hrs, the protest time limit for that division is 1000hrs the following day.
- 15.4. Notices will be posted no later than 30 minutes after the protest time limit, to inform competitors of hearings in which they are parties or named as witnesses. Protests will be held in the protest room located at MBR.
- 15.5. Notices of protests by the race committee will be posted to inform boats under RRS rule 61.1(b).
- 15.6. Breaches of 1.4, 1.5, 1.7, 1.8, 2, 12.2, 12.3, 16, 17, 18.2, 19, 21 shall not be grounds for a protest by another boat. This changes RRS 60.1. Penalties for these breaches may be less than disqualification if the Protest Committee so decide. The scoring abbreviation for a discretionary penalty imposed under this instruction will be DPI.
- 15.7. Decisions by the Protest Committee will be final as provided in RRS 70.5.

16. SAFETY REGULATIONS

- 16.1. All Skippers are required to Sign On, on the morning of the race, ensuring all crew details held by the Race Committee are up to date, accurate and complete.
- 16.2. On arrival to MBR, a nominated member of the crew must Sign Off in the Race Office.



- 16.3. Where possible and at the discretion of the Skipper, the Race Committee requests that boats report their GPS position at 1700hrs each day. Should a boat fail to do so, Search and Rescue services will not be dispatched until 1700 on 17th November based on this missed communication.
- 16.4. A boat that retires from the race shall notify the Race Committee as soon as possible, by contacting + 971 50 451 3922.

17. REPLACEMENT OF CREW OR EQUIPMENT

- 17.1. Substitution of crew from the list provided by Sign On, will not be permitted without the written approval of the Race Committee.

18. EQUIPMENT AND MEASUREMENT CHECKS

- 18.1. A boat or equipment may be inspected at any time for compliance with the rules and Sailing Instructions.
- 18.2. The Skipper or nominated crew member must be present at time of scrutinizing.

19. TRASH DISPOSAL

- 19.1. Boats must not dispose of trash in the water.

20. BERTHING

- 20.1. Competing yachts visiting DOSC need to arrange temporary berthing with the Club Manager prior to arrival. Berthing for competitors will be free of charge for a maximum of 2 weeks prior to the event and is subject to availability.
- 20.2. Other berthing options in Dubai may be available, please contact the Race Office for more info.
- 20.3. Competing yachts visiting MBR will be eligible for free mooring at MBR until 30th November 2010.

21. DIVING EQUIPMENT AND PLASTIC POOLS

- 21.1. Underwater breathing apparatus and plastic pools or their equivalent shall not be used around Keelboats after the preparatory signal of its Division.

22. RADIO COMMUNICATION

- 22.1. Other than the communications requested or required by the sailing instructions, boats must ensure RRS rule 41 is adhered to whist racing.

23. SCORING

- 23.1. The low points scoring system shall apply.
- 23.2. A boats score for its position in the overall IRC Fleet and DOSC Offshore Series shall be calculated on her corrected time.
- 23.3. In Rally Class, the hours a boat under uses the engine for propulsion will be rounded up to the nearest hour, doubled and added to the boats elapsed time prior to calculating their corrected time.

24. PRIZES

- 24.1. Perpetual Trophies will be awarded as follows;

Sohar Trophy	IRC Winner (All Divisions)
Quoran Clock	Line Honors Boat
- 24.2. In addition prizes will be awarded for 1st, 2nd and 3rd of each Division.

25. DISCLAIMER OF LIABILITY

- 25.1. Competitors participate in the race entirely at their own risk. See RRS rule 4, Decision to Race. The Organizing Authority will not accept any liability for material damage, personal injury or death sustained in conjunction with or prior to or during or after the race.

26. INSURANCE



26.1. Each participating boat shall be insured with valid third-party liability insurance with sufficient Race Cover.

27. RIGHTS TO USE NAME AND LIKENESS

27.1. By participating in this event, competitors automatically grant to the organizing authority and the event sponsors the right, in perpetuity, to make, use, and show at their discretion, any photography, audio and video recordings and other reproductions of them made at the venues or on the water from the time of their arrival at any of the venues until their departure, without compensation.